

BLOOMERANG

A Start to Finish Sew-Along
Mondays in March 2021 for National Quilting Month

PROJECT SIZE

23" x 23"

BLOCK SIZE

19½" unfinished, 19" finished

PROJECT TOP - USE YOUR STASH!

(18) 5" print squares*

½ yard background fabric

1 fat quarter or ½ yard small print/solid

½ yard Heat n Bond Lite

BINDING

¼ yard each of 2 contrasting fabrics**

BACKING

¾ yard

OTHER

Missouri Star Drunkard's Path Circle Template Set - Small

Missouri Star Petal Template for 5" Squares

Missouri Star Quilter's Best Blend

Bed/Table Runner Batting***

***Note:** You can cut (4) 5" squares from (1) 10" square or (12) 5" squares from 1 fat quarter if you wish.

****Note:** Only ¼ yard is needed for regular binding. ¼ yard each of 2 contrasting fabrics are for the flange binding discussed on week 5.

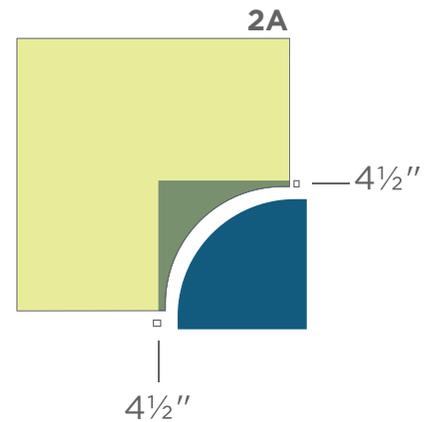
*****Note:** The Bed/Table Runner Batting includes enough for the main project and a bonus table runner or bed runner.



1 cut

From the background fabric, cut:

- (1) 5" strip across the width of the fabric. Subcut a **total of (7)** 5" squares.
- (3) 2½" strips across the width of the fabric. From 1 strip, subcut (2) 2½" x 19½" rectangles for the side borders. Trim each remaining strip to 2½" x 23½" for the top and bottom borders.
- (1) 2" strip across the width of the fabric. Subcut (8) 2" x 4½" rectangles for the drunkard's path units.



From the small print/solid fat quarter or yardage, cut (1) 13" strip across the width of the fabric. Subcut (1) 13" square.

From the Heat n Bond Lite, cut (3) 4¾" strips across the width. Subcut a **total of (9)** 4¾" squares from the strips.

2 make drunkard's path units

Place (1) 5" background square on your cutting surface. Lay template A on top of your square with the 4½" marks at the top and left edges of the square. Carefully cut around the curve. Save the quarter circle piece. Trim and discard the small ends of the A piece.

2A

Turn the quarter circle piece 180°. Lay template A on top of your quarter circle with the 4½" marks at the top and left edges. Carefully cut around the curve to create another A piece. Set the remaining piece aside for another project. **2B**

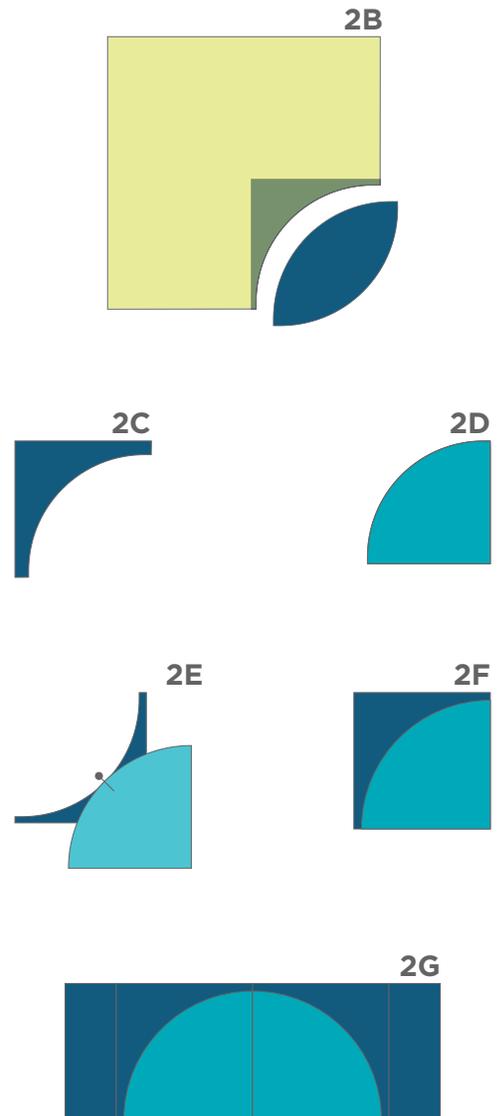
Repeat to cut 2 A pieces each from 3 additional background squares for a **total of 8** A pieces. **2C**

Lay a 5" print square on your cutting surface. Lay template B on top of your square, aligning the 2 straight edges of the template with the corner of the square, and trim along the curve. Repeat to cut a **total of 8** print B pieces. **2D**

Pair an A piece with a B piece. Fold each piece in half on the diagonal and finger press to mark the midway point of each curved edge. Place a B piece on top of the A piece with right sides facing and finger pressed centers aligned. Pin at the midway point and at both ends of the seam allowance. **2E**

Stitch the 2 pieces together along the curve. Use your fingers to ease in the fullness around the curve and avoid stretching the fabric as you sew. Press the seam allowance towards the A piece to complete the unit. **Make 8. 2F**

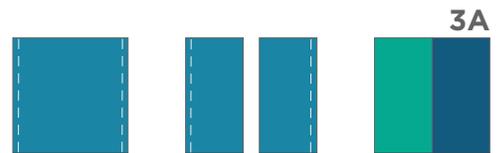
Sew 2 drunkard's path units together as shown. Sew a 2" x 4½" background rectangle to either side of the unit. Press. **Make 4. 2G**



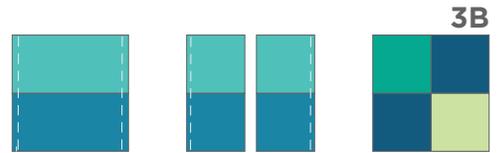
3 make 4-patch units

Lay a 5" background square atop a 5" print square, right sides together. Sew down 2 opposite sides. Measure 2½" from the sides and cut the sewn squares in half parallel to the seams. Open to reveal 2 strip units. Press toward the darker fabric. Repeat using another background square and print square with a different print.

3A



Select 2 strip units with different prints. Rotate the strip units 90° and lay them right sides facing, with the print strips touching the background strips. Sew down the 2 sides perpendicular to the seams. Measure 2½" from either side and cut the units in half parallel to the seams just made. Open to reveal (2) 4-patches. Press. **3B**



Repeat with 1 print square and 1 background square to make a **total of (4)** 4-patches.

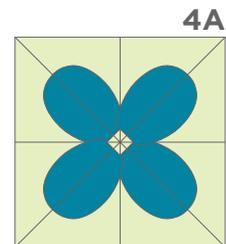
4 appliqué

This part of the project is created using raw edge appliqué. For each appliqué shape needed, trace the appropriate template onto the paper side of your fusible web square. Follow the manufacturer's instructions to adhere the fusible web to the reverse side of your square. Once the fusible web has adhered, carefully cut along the traced line.

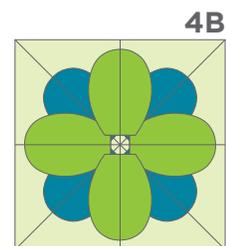
You will need 8 petals cut from 8 print squares and 1 center circle cut from the remaining background square.

Fold in half and crease the 13" square—vertically, horizontally, and on both diagonals.

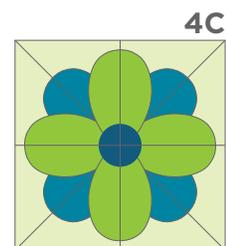
Fold each petal shape in half lengthwise, then peel off the paper backings and discard them. Lay 4 print petals on the 13" square as shown, approximately ½" from the center, and align the vertical and horizontal creases. Adhere the petals according to the manufacturer's directions. **4A**



Lay the other 4 print petals on the square as shown, approximately ½" from the center, and align the diagonal creases. Adhere the petals. **4B**



Fold the center circle in half vertically and horizontally, then peel off the paper backing and discard it. Lay the center circle atop the square and petals as shown and align the creases. Adhere the circle. **4C**



Stitch around the edges of the appliqué shapes using a small zigzag or blanket stitch. **Tip:** When you start and stop your stitching, leave thread tails. When you are finished appliquéing, pull the tails through to the back and tie them. This keeps the front neater with no backstitching. **4D**

Trim the appliquéed square to 11½".

5 block construction

Arrange the 4 drunkard's path units, (4) 4-patch units, and the appliqué unit in 3 rows of 3 as shown. Sew the units together in rows. Press each row towards the drunkard's path units. Nest the seams and sew the rows together. Press to complete the block. **5A 5B**

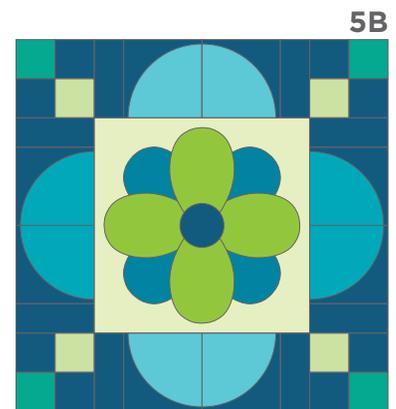
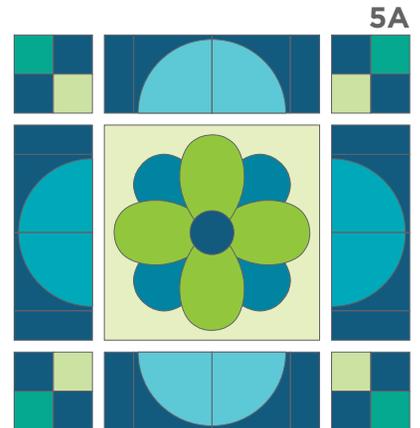
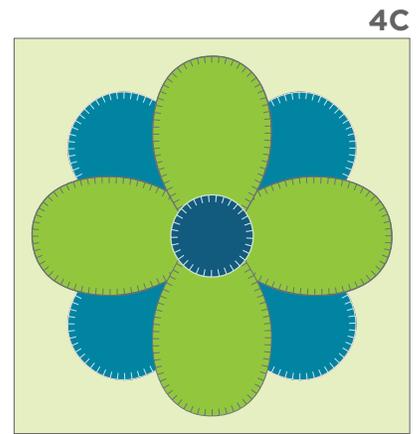
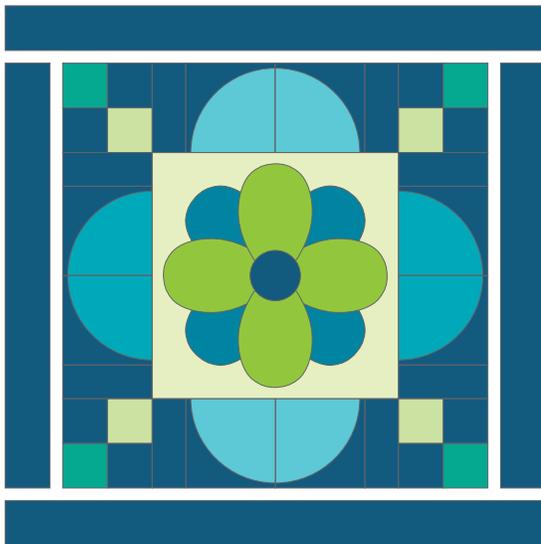
Block Size: 19½" unfinished, 19" finished

6 border

Measure the height of your block in 3 places, approximately 19½". Adjust if needed by letting out or taking in seams. Refer to the diagram below as necessary and attach (1) 2½" x 19½" strip to either side of your block. Press open. Measure the width of your block and borders as before, approximately 23½". Make adjustments as needed. Attach (1) 2½" x 23½" strip to the top and 1 to the bottom. Press.

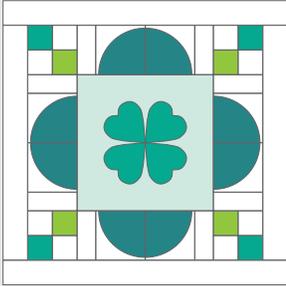
6 quilt & bind

Layer the project with batting and backing then quilt. After the quilting is complete, square up the project and trim away all excess batting and backing. Add binding to finish your project. (See week 5 for flange binding!)



BONUS PROJECT IDEAS

SHAMROCK



PROJECT SIZE
23" x 23"

BLOCK SIZE
19½" unfinished, 19" finished

PROJECT SUPPLIES
All supplies are the same as Bloomerang, except the Missouri Star Half Heart Template is used in place of the Petal Template.

TABLE RUNNER

PROJECT SIZE
35" x 19"

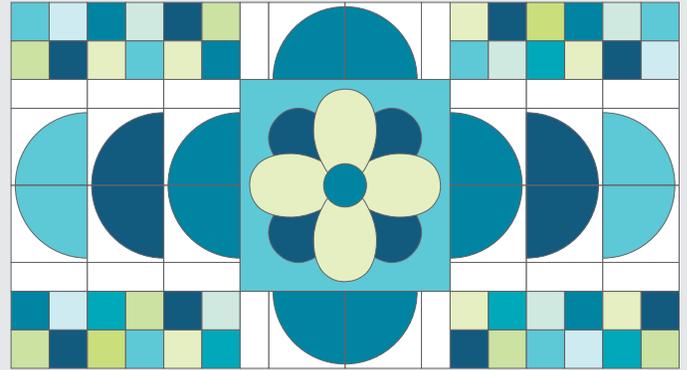
BLOCK SIZE
19½" unfinished, 19" finished

PROJECT TOP
(37) 5" print squares
(16) 5" background squares
1 fat quarter or ½ yard small print/solid
½ yard Heat n Bond Lite

BINDING
¼ yard

BACKING
¾ yard

OTHER
Missouri Star Drunkard's Path Circle
Template Set - Small
Missouri Star Petal Template for 5" Squares



BED RUNNER

PROJECT SIZE
94" x 31"

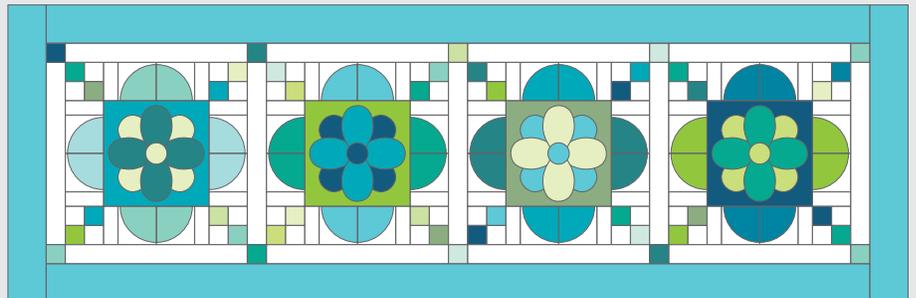
BLOCK SIZE
19½" unfinished, 19" finished

PROJECT TOP
(84) 5" print squares
1 fat quarter or ½ yard of
4 different small print/solids
1½ yards background fabric
1½ yards Heat n Bond Lite

BINDING
½ yard

BACKING
3¼ yards - vertical seams or 1¼ yards of 108" wide

OTHER
Missouri Star Drunkard's Path Circle
Template Set - Small
Missouri Star Petal Template for 5" Squares



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MISSOURI STAR
— QUILT CO. —

BLOOMERANG

Drunkard's Path
Template A



MISSOURI STAR
— QUILT CO. —

BLOOMERANG

Drunkard's Path
Template B



MISSOURI STAR
— QUILT CO. —

BLOOMERANG

Petal Template

→
The Half Heart
template is
needed for the
bonus Shamrock
version only.



MISSOURI STAR
— QUILT CO. —

SHAMROCK

Half Heart
Template



MISSOURI STAR
— QUILT CO. —

BLOOMERANG

Flower Center
Template

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